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What is Food, Really?

Intro

Food hopes

Lessen world hunger

Soylent has been crafted with the idea to make it easy for the working people. All of your nutrients are conveniently in powder form which you simply need to add to water, and this beverage could replace a meal. While cubicle workers benefit, Soylent can be applied to a much larger scale and potentially end world hunger. While world hunger is a large task to take on Soylent in theory can be shipped worldwide for a relatively low cost. Additionally, focusing on the homeless population and those who need food stamps or are in need of assistance can use Soylent to replace their meals and they can save a decent amount of money, and they would be obtaining the necessary vitamins and minerals. When the creator of Soylent, Rob Rhinehart started consuming Soylent all of the time he stated that his food costs, “dropped from four hundred and seventy dollars a month to fifty dollars.(cite article)” The average person would be saving one hundred and five dollars per week by making the switch. Those who have limited or no access to food would wide would significantly benefit from the decreased grocery bill, and along with this you can conclude that if you are receiving all of your minerals and nutrients you will spend less on medications and doctor bills.

However, while this is great in theory, the issue is that Soylent is only a theoretical miracle worker. Shipping Soylent to places who lack food, for example Africa, sounds great but

that will not solve their problems. Soylent requires water, which sounds easy to those who can see where they have access to it in this moment, but not everybody has water on hand or even in reach. Additionally, who is going to pay for over the eight hundred million who are hungry. While fifty dollars a month is may be easy for someone with a paying job, those who are hungry most likely can not afford it, making the cost to end world hunger forty billion dollars per month, not including shipping. In addition to this, what happens when the individuals in the United States have enough money to get off of government assistance and their prices for rent increase so they can not afford to live again. Realistically, Soylent could not solve world hunger, but it is good for daily life.

The average American would benefit from consuming Soylent since it is built for efficiency and to be a utility. There are three types of American meals, too much time, meals to go, or skip a meal. From the time it takes to prepare, cook, eat, and clean up your meal you have lost valuable time in the day to get actual work done. For example in the same amount of time if takes to put into a meal, one could have Soylent, go to the gym, take a shower, and still have some time to relax. Another issue facing American meals, is the increase in fast food and taking meals to go. While fast food may be quick and satisfying, the nutritional value of it is awful and your body feels the lack of nutrients. Soylent is cheaper than eating fast food everyday for a month, and you can make it in under the time it takes to go through a drive through. The second option is having a working meal. Soylent is able to be consumed faster because it requires no utensils and you just have to drink it, this makes your working lunch more productive because you have more time to focus solely on work. Along with that you are receiving vital nutrients, and your body will perform better compared to eating fast food. The worst issue is skipping a

meal. Your body is running off of no fuel, making you lack energy, and this can be detrimental to your body and your day. Soylent is the solution to meal skipping. Since you can just drink it and you don't have to take more than three minutes to make it there is no reason not to have it. You can easily drink it whenever you go, giving you zero excuses to skip a meal. By switching solely to Soylent there are various aspects of meals that you would come to miss.

Food nightmares

Flavors

Experiences

No need for a kitchen

My opinion

Conclusion